



Dear Parent/Legal Guardian,

The McCabes Pharmacy vaccination team will visit your school on 14<sup>th</sup> October offering children a Flu vaccine. The flu vaccine is recommended for all children between the ages of 2-17 years. This vaccine is delivered via a **nasal spray**, one spray into each nostril and is called Fluenz. It is safe and effective. There is no charge for this vaccination.

Please find attached information about the flu and the vaccine. Read this information carefully.

You can find more information on the vaccine for children and **which children should not receive a vaccine** at <https://www2.hse.ie/conditions/flu/childrens-flu-vaccine/> or you can speak to your McCabes pharmacist.

**To book your child onto this service in the school and to give your consent please visit :**

<https://app.hashealth.com/booking/mccabes-pharmacy-malahide/service/malahide-community-school>

**If your child has already received a flu vaccine since September this year, please do not consent for your child to receive a flu vaccine in school.**

Please contact the McCabes vaccination team before your child is vaccinated if there are any changes in your child's health. If you have consented to vaccination, please let your vaccinator know before the date of vaccination if your child:

- has had influenza antiviral medications in the 48 hours before their vaccine is due, they should not get the vaccine.
- has an acute exacerbation of asthma, including increased wheezing and/or needed additional inhalers in the previous 72 hours they should not receive the nasal flu vaccine.
- has received a dose of the flu vaccine from their GP or Pharmacist since the consent form was completed.
- is unwell with a sudden fever (as vaccination should be delayed until recovery).

If there are any questions or queries on this service, please email us and a member of our vaccination team will be in touch: [malahide@mccabespharmacy.com](mailto:malahide@mccabespharmacy.com)

Yours sincerely,  
Lucy Scannell MPSI  
McCabes Pharmacy